

Kim Barthel - Holistic Assessment and Interventions:

Clinical Reasoning in Practice

Marienlyst Beachhotel August 2022

The Danish OT association for children and youth

“EFS Børn & Unge”

Invites you to a 3-day course with Kim Barthel

On August 29th, 30th and 31st 2022 from 9 AM to 4.30PM

At Marienlyst Strandhotel

Nordre Strandvej 2A

3000 Helsingør

**The course is for professionals, who work with children and
young people and will be in english**

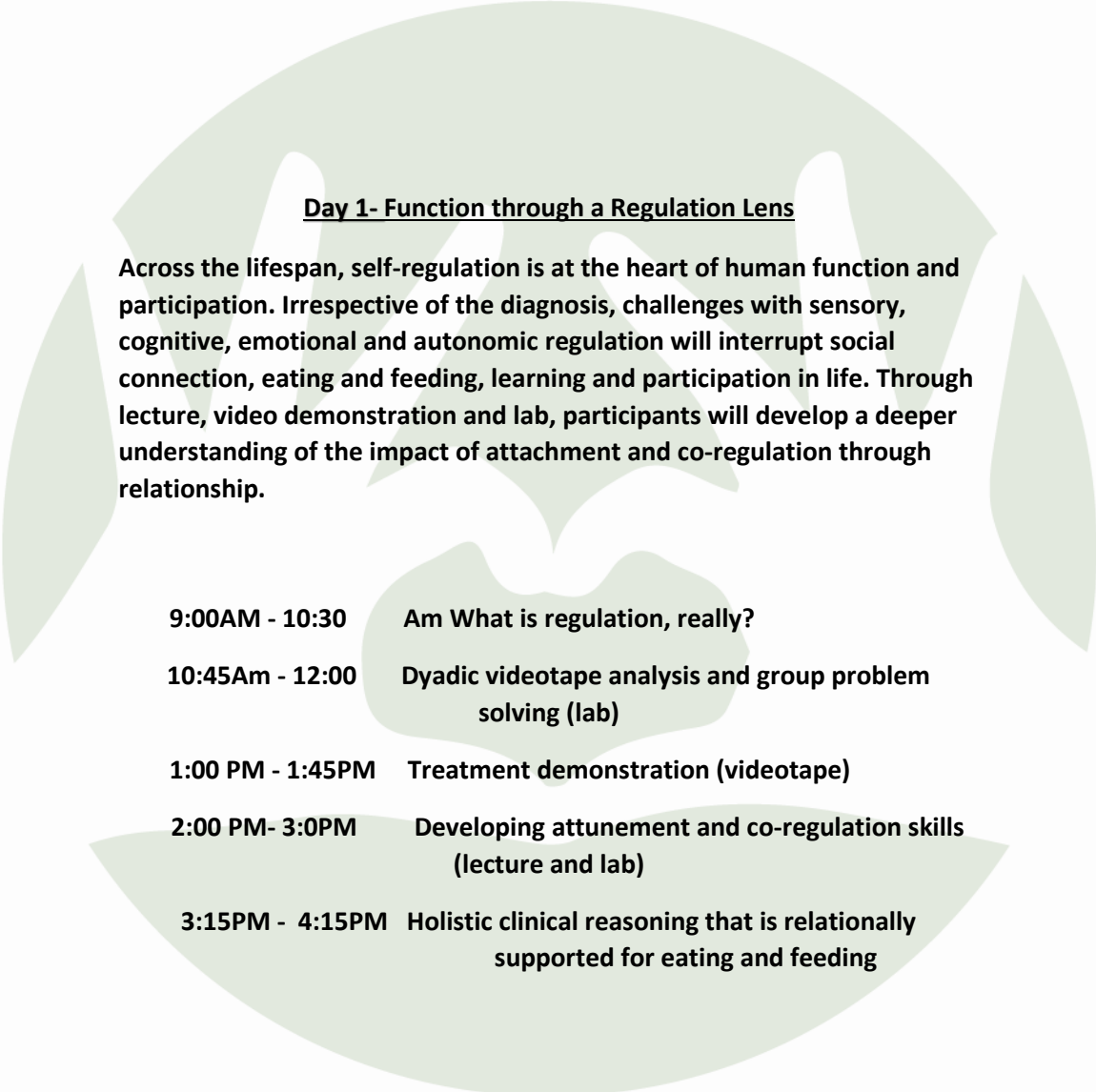
Introduction to Kim Barthel:

Kim Barthel is a sought-after speaker on many topics for a wide variety of professionals and community members globally. Utilizing her extensive technical skills and expertise developed since the 80's, Kim is a natural at inspiring and connecting hundreds of diverse audience members. Her unique blend of skills in utilizing storytelling, humility, science, and her comfort in many different cultures effectively holds the attention of every group of participants she is with.

Introduction to Holistic Assessment and Interventions:

Clinical Reasoning in Practice

Occupational therapy is inherently holistic in nature, yet as clinicians we often attach ourselves to specific frames of reference to guide our practice. This 3 Day In-Person Workshop will invite professionals (within OT and beyond) to draw from neurobiology and a wide range of evidence-informed literature to support our professional development. Led by world-renowned OT Kim Barthel from Canada, this training opportunity aims squarely at expanding our curiosity and detective skills in creating individualized treatment for our clients' function. Over three days together, a range of functions will be comprehensively explored through a holistic integration of our regulation, movement and sensory systems. Taking place in beautiful and historic Helsingør to the north of Copenhagen, Denmark, this unique training will encourage multi-disciplinary learning and networking.

A large, stylized green graphic of a face with its hands raised to its cheeks, framing the text. The face has a simple, rounded shape with a wide smile and large eyes. The hands are positioned as if holding the face, with fingers spread. The entire graphic is a solid light green color.

Day 1- Function through a Regulation Lens

Across the lifespan, self-regulation is at the heart of human function and participation. Irrespective of the diagnosis, challenges with sensory, cognitive, emotional and autonomic regulation will interrupt social connection, eating and feeding, learning and participation in life. Through lecture, video demonstration and lab, participants will develop a deeper understanding of the impact of attachment and co-regulation through relationship.

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|-------------------------|--|
| 9:00AM - 10:30 | Am What is regulation, really? |
| 10:45Am - 12:00 | Dyadic videotape analysis and group problem solving (lab) |
| 1:00 PM - 1:45PM | Treatment demonstration (videotape) |
| 2:00 PM- 3:0PM | Developing attunement and co-regulation skills (lecture and lab) |
| 3:15PM - 4:15PM | Holistic clinical reasoning that is relationally supported for eating and feeding |

Day 2- Function through a Movement Lens

As much as they are able, the way our bodies participate in life is through action. Understanding the neurobiology and kinesiology of posture and movement is essential for the implementation of treatment strategies that develop and sustain mobility and function. Neuro-Developmental Treatment will be introduced as a platform for movement analysis and intervention. Through lecture, video demonstration and labs, participants will develop an appreciation of how to treat function through the motor system.

9:00AM - 10:30AM	Posture and movement analysis
10:45Am - 12:00	Movement analysis lab
1:00PM - 1:45PM	Treatment demonstration (videotape)
2:00 PM- 3:00 PM	Handling and environmental problem-solving lab
3:15 PM- 4:15 PM	Holistic clinical reasoning that is posturally supported to enhance

Day 3-Function through a Sensory Lens

Our brains process and integrate sensory information every moment of our lives. Neurobiologically, the interpretation of this information leads to social engagement, regulation, motor planning and learning. Understanding the neurobiology of sensory processing supports clinicians in developing personalized sensory experiences for each client. Through lecture, video-tape analysis and labs, participants will develop a depth of knowledge that supports their clinical reasoning.

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|------------------------|--|
| 9:00AM- 10:30AM | Current neurobiology of sensory processing 2022 |
| 10:45AM - 12:00 | Videotape analysis and group problem solving of sensory issues with diverse diagnoses |
| 1:00PM - 1:45PM | Treatment demonstration (videotape) |
| 2:00PM - 3:00PM | Consciousness: the integration of interoception with exteroception |
| 3:15PM – 4:15PM | Holistic clinical reasoning that is sensory supportive to enhance mental health functioning |

Case Study:

Vestibular-visual integration to support childhood anxiety

Price for non members of the danish OT Association:

Package No. 3: Non-Members. 3-daycourse including full catering and accommodation in singlebeds in a dobbeltroom.

DKr. 7.600

Package No. 4: Non-Members. 3-daycourse including catering during the course without accommodation.

DKr. 6.000

Package No. 6 :Non-Members. 3-daycourse including full catering and accommodation in a singleroom.

DKr. 8.400

Registration at the Danish OT Association AMJ@etf.dk

In case of question regarding the registration contact Ingelis Arnsbjers at sansogsamling@mail.dk Or Heidi Klysner heik@gentofte.dk

The registration deadline is on May 29th. In case of a fully booked course, it is possible to register on a stand by list

When booking with accommodation, there is access to I Marienlysts spa area from 06AM-09AM on August 30th and 31st.

It is possible to get at 50% discount on "Eating And Feeding Matters", for all participants. Eating And Feeding Matters is a 12 hours of edited, pre-recorded training complemented by a live interactive online 90 minute Q&A led by Kim and co-facilitated by the Relationship Matters Team.

<https://relationshipmatters.thinkific.com/courses/eating-and-feeding-matters>

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Presentation of Kim Barthel.

Speaker: Kim Barthel is a sought-after speaker on many topics for a wide variety of professionals and community members globally. Utilizing her extensive technical skills and expertise developed since the 80's, Kim is a natural at inspiring and connecting hundreds of diverse audience members. Her unique blend of skills in utilizing storytelling, humility, science, and her comfort in many different cultures effectively holds the attention of every group of participants she is with.

Instructor: Kim travels widely as an instructor to a range of therapists, educators, social workers, physicians, special-needs care providers and parents. Her specialties in workshop instruction include Trauma-Sensitive Practice, Pediatric Neuro-Developmental Treatment, Sensory Processing, Attachment Theory, Autism Spectrum Disorder, Fetal Alcohol Spectrum Disorder, Addiction and Mental Health. In May, 2019, Kim was honoured as the recipient of the prestigious *Award of Merit* by the Canadian Association of Occupational Therapists.

Clinician: As a clinician with a private practice since 1989, Kim is a registered Occupational Therapist in British Columbia, Ontario and the United States. While she is predominantly a speaker and teacher, she also assesses and supports a wide range of clients, often when there is complexity involved. She is an Advanced Neuro-Developmental Treatment Instructor as well as a Sensory Integration Instructor.

Mentor: As a private mentor, Kim supports individual therapists, educators, and small professional teams, often via distance Zoom sessions, to enhance their professional skills and personal development.

Consultant: As a consultant working globally, Kim supports agencies, schools, and businesses to develop trans-disciplinary services and environments for a wide range of individuals with special needs. Historically, she has much experience co-creating programs for individuals who have both a developmental diagnosis and complex mental health needs. Increasingly, she helps to develop and maintain trauma-sensitive schools and trauma-sensitive workplaces.

Facilitator: Kim leads transformational workshops and facilitates team building and problem-solving in complex clinical, educational, governmental, and business settings globally.